



1st August 2021
9th Sunday After Trinity
Proper 13

St James' Church
www.stjamesexeter.org Exeter

Rector

Fr Henry Pryse 01392 431297
Day off: Thursday

Assistant Priest

Fr Martin Poolton 01392 477488
Day off: Saturday

Assistant Curate

Fr Steve Turner 01392 670022
Off duty for recuperation

Parish Office

Mount Pleasant Road, Exeter. EX4 7AH.
01392 420407. office@stjamesexeter.org
Charity register number: 1128877

Notices

Lend a Hand

As the recent easing of restrictions continues, various activities at St James' will be restarting. Would you like to help out occasionally with serving coffee or arranging flowers? Or how about a morning in the gardens? Please contact the parish office if you would like to get involved.

A Joyful Celebration

Many thanks to all who contributed to the celebration of our patronal festival last week.



The refreshments, cake, music and especially the opportunity to socialise after the Parish Eucharist brought a welcome burst of joy.

10.00 am Music

Recessional hymn

550

Organ voluntary

Music setting: Mass of St Thomas (by David Thorne)

Praise, My Soul, the King of Heaven

Processional (by William Matthias)

A warm welcome to all, especially to those visiting us for the first time and to Liz Grier who is our preacher today. To find out more about St James', please come and chat to us or visit our website. If you would like us to keep in touch with you, please ask for a contact card to leave your details.

This Week

Morning Prayer is said at 8.30 am

Online: Mon, Tue, Wed, Fri

In the church: Thu

Mon 2nd August Matthew 14 vv. 13 – 21
7.00 pm Singers' rehearsal

Tue 3rd August Matthew 14 vv. 22 – 36
11.00 am Fr Henry: Post-placement meeting

Wed 4th August Matthew 15 vv. 21 – 28
Jean-Baptiste Vianney, Curé d'Ars, spiritual guide, 1859

12.00 noon Holy Communion

6.00 pm Fr Henry: Wedding meeting

Thu 5th August Matthew 16 vv. 13 – 23
Oswald, king, martyr, 642

Fri 6th August Luke 9 vv. 28 – 36
Transfiguration of our Lord

Sat 7th August Matthew 17 vv. 14 – 20
John Mason Neale, priest, hymn writer, 1866

Next Sunday: 8th August

10th Sunday After Trinity

Preacher: Joan Ridgway

John 6 vv. 35 & 41 – 51

8.00 am Holy Communion

10.00 am Parish Eucharist

12.30 pm Holy Baptism

Sharing God's love through worship, fellowship and service

Collect

Almighty God, who sent your Holy Spirit to be the life and light of your Church: open our hearts to the riches of your grace, that we may bring forth the fruit of the Spirit in love and joy and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

First Reading: Exodus 6 vv. 2-4 & 9-15

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, 'If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.' Then the Lord said to Moses, 'I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.' [...] Then Moses said to Aaron, 'Say to the whole congregation of the Israelites, "Draw near to the Lord, for he has heard your complaining."' And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, 'I have heard the complaining of the Israelites; say to them, "At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God."' In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, 'What is it?' For they did not know what it was. Moses said to them, 'It is the bread that the Lord has given you to eat.'

Second Reading: Ephesians 4 vv. 1-16

I, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore, it is said, 'When he ascended on high he made captivity itself a captive; he gave gifts to his people.' (When it says, 'He ascended,' what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.



Gospel Reading: John 6 vv. 24-35

When the crowd saw that neither Jesus nor his disciples were at the place where Jesus had given the bread, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?' Jesus answered them, 'Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.' Then they said to him, 'What must we do to perform the works of God?' Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.' So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, "He gave them bread from heaven to eat."' Then Jesus said to them, 'Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.' They said to him, 'Sir, give us this bread always.' Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

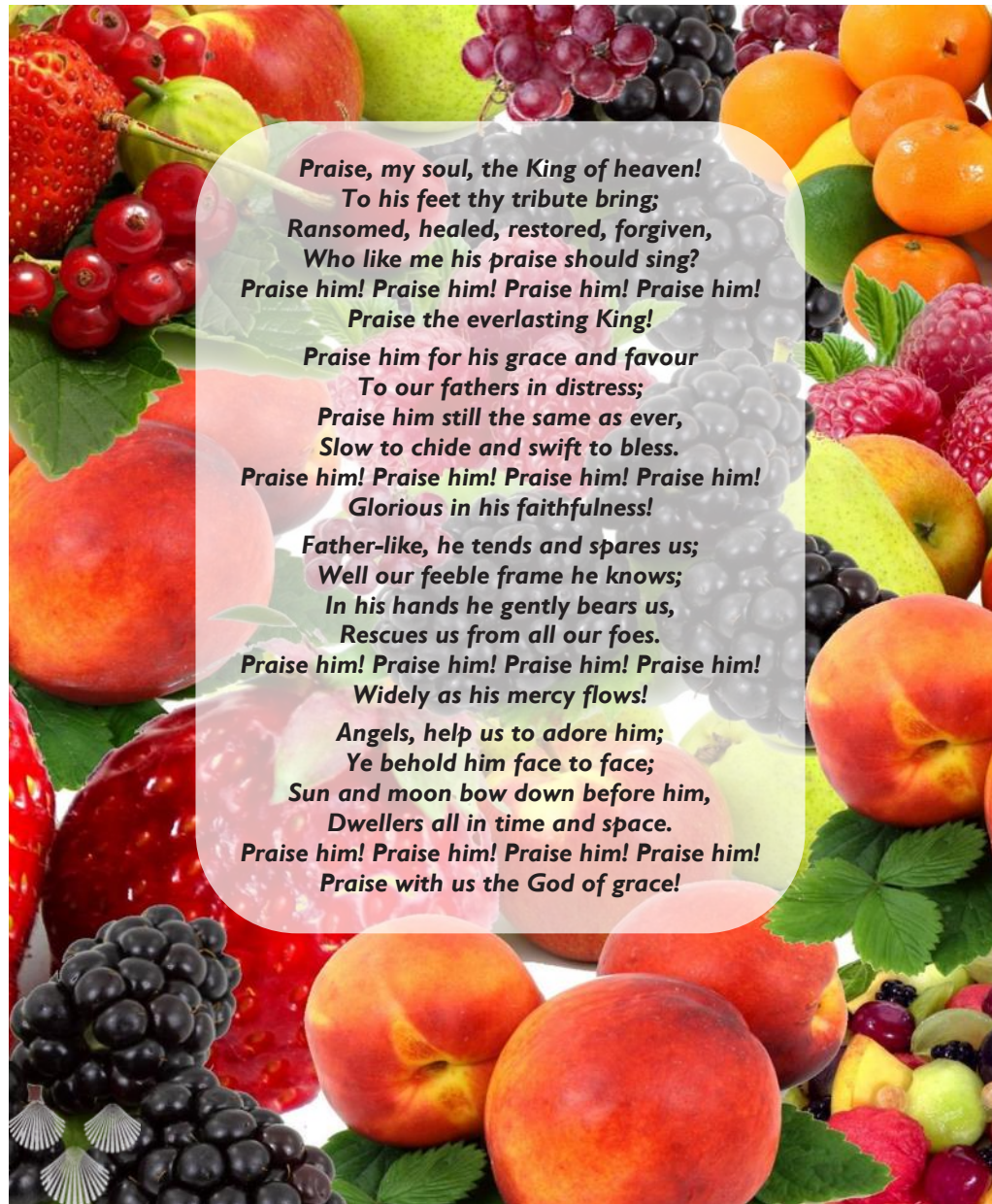
Post Communion Prayer

Holy Father, who gathered us here around the table of your Son to share this meal with the whole household of God: in that new world where you reveal the fullness of your peace, gather people of every race and language to share in the eternal banquet of Jesus Christ our Lord.



Psalm 78 vv. 23-29

So he commanded the clouds above and opened the doors of heaven. He rained down upon them manna to eat and gave them the grain of heaven. So mortals ate the bread of angels; he sent them food in plenty. He caused the east wind to blow in the heavens and led out the south wind by his might. He rained flesh upon them as thick as dust and winged fowl like the sand of the sea. He let it fall in the midst of their camp and round about their tents. So they ate and were well filled, for he gave them what they desired.



***Praise, my soul, the King of heaven!
To his feet thy tribute bring;
Ransomed, healed, restored, forgiven,
Who like me his praise should sing?
Praise him! Praise him! Praise him! Praise him!
Praise the everlasting King!***

***Praise him for his grace and favour
To our fathers in distress;
Praise him still the same as ever,
Slow to chide and swift to bless.
Praise him! Praise him! Praise him! Praise him!
Glorious in his faithfulness!***

***Father-like, he tends and spares us;
Well our feeble frame he knows;
In his hands he gently bears us,
Rescues us from all our foes.
Praise him! Praise him! Praise him! Praise him!
Widely as his mercy flows!***

***Angels, help us to adore him;
Ye behold him face to face;
Sun and moon bow down before him,
Dwellers all in time and space.
Praise him! Praise him! Praise him! Praise him!
Praise with us the God of grace!***