



18<sup>th</sup> August 2024  
12<sup>th</sup> Sunday After Trinity

St James' Church  
www.stjamesexeter.org Exeter

**Rector**

Fr Henry Pryse 01392 431297  
Day off duty: Thursday

**Parish Office** 01392 420407  
office@stjamesexeter.org  
Charity register number: 1128877

**Notices**

**Choir**

Choir practices will begin again on Monday 26<sup>th</sup> August at 7.00pm. We look forward to the choir's return to the Parish Eucharist from Sunday 1<sup>st</sup> September.

**Contact Magazine**

The new magazine is in preparation now. Help to share our message with the parish is needed. If you are able to take a bundle on Sunday 8<sup>th</sup> September, please get in touch with Tim Bayton, so that the bundles can be collated in good time.

**Save the Date**

A parish quiet day will take place at Mill House Retreats on Saturday 16<sup>th</sup> November.

**This Week**

Morning Prayer is said at 8.30 am

Online: Mon, Wed

In the church: Tue, Thu, Fri

**Mon 19<sup>th</sup> August** Matthew 19: 16 – 22

10.15 am Holy Communion,  
The Old Rectory

11.15 am Holy Communion, Kingsgate

**Tue 20<sup>th</sup> August** Matthew 19: 23 – 30

**Wed 21<sup>st</sup> August** Matthew 20: 1 – 6

12.00 noon Eucharist

**Thu 22<sup>nd</sup> August** Matthew 22: 1 – 14

**Fri 23<sup>rd</sup> August** Matthew 22: 34 – 40

**Sat 24<sup>th</sup> August** Luke 22: 24 – 30

Next Sunday: 25<sup>th</sup> August

**Thirteenth Sunday After Trinity**

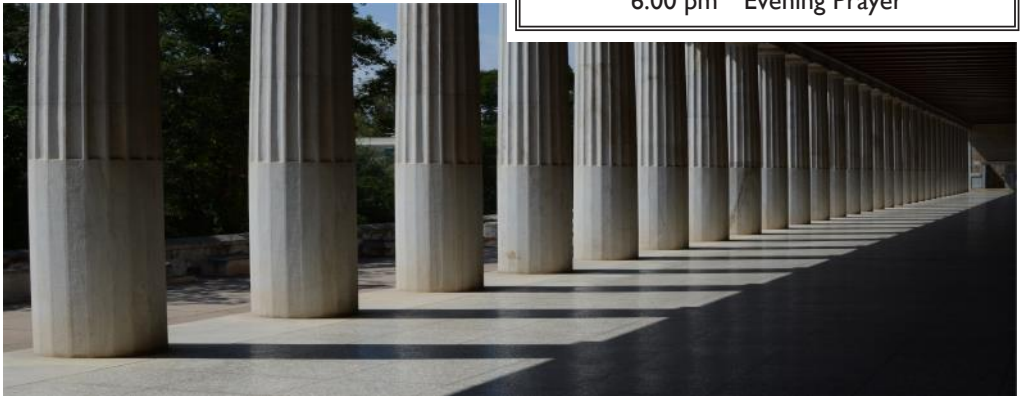
John 6: 56 – 69

8.00 am Holy Communion

10.00 am Parish Eucharist

**TODAY**

6.00 pm Evening Prayer



10.00 am Music

Processional hymn 728

Offertory hymn 36

Recessional hymn 64

Music Setting: A New People's Mass (by Dom Gregory Murray)

**When Morning Gilds the Skies**

**Angel-Voices Ever Singing**

**Be Thou My Vision**

Sharing God's love through worship, fellowship and service

## Collect

***Almighty and everlasting God, you are always more ready to hear than we to pray and to give more than either we desire or deserve: pour down upon us the abundance of your mercy, forgiving us those things of which our conscience is afraid and giving us those good things which we are not worthy to ask but through the merits and mediation of Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.***

## First Reading: Proverbs 9: 1-6

Wisdom has built her house, she has hewn her seven pillars. She has slaughtered her animals, she has mixed her wine, she has also set her table. She has sent out her servant-girls, she calls from the highest places in the town, 'You that are simple, turn in here!' To those without sense she says, 'Come, eat of my bread and drink of the wine I have mixed. Lay aside immaturity, and live, and walk in the way of insight.'

## Second Reading: Ephesians 5: 15-20

Brothers and sisters, be careful then how you live, not as unwise people but as wise, making the most of the time, because the days are evil. So do not be foolish, but understand what the will of the Lord is. Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.



## Gospel Reading: John 6: 51-58

Jesus said to the crowd: 'I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.' The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'

## Post-Communion Prayer

***God of all mercy, in this eucharist you have set aside our sins and given us your healing: grant that we who are made whole in Christ may bring that healing to this broken world, in the name of Jesus Christ our Lord.***